

TBILISI MEDICAL ACADEMY NEWSLETTER



IN THIS EDITION

➤ EDUCATION AND PARTNERSHIP 2

➤ SOCIAL RESPONSIBILITY 6

➤ STUDENT LIFE 8

➤ BLOGS 11



SIX DAYS OF THE COUNTRY DOCTOR – FINAL SEASON EXHIBITION

TMA's iconic photo project hit Northern Georgia this year, capturing the lives of country doctors in Lechkhumi and Svaneti. Spanning three seasons and four regions, the project highlights TMA's commitment to social responsibility while inspiring future doctors to serve in remote communities.



INTERNATIONAL CONFERENCE – PATIENT SAFETY

TMA brought together top healthcare experts from Georgia and the USA to share cutting-edge ideas on keeping patients safe. From practical tips to big-picture strategies, attendees explored how continuous improvement can transform care. High standards, smart solutions, and expert insights—all in one powerful conference!

DEAR READER,

WE ARE PLEASED TO SHARE THE SEVENTH EDITION OF TBILISI MEDICAL ACADEMY'S (TMA) NEWSLETTER.

IN THIS EDITION, WE WOULD LIKE TO SHARE INFORMATION ABOUT THE EVENTS THAT TOOK PLACE IN TMA FROM APRIL 2025 - AUGUST 2025.

SINCERELY,
TMA'S PUBLIC RELATIONS AND MARKETING DEPARTMENT

EDUCATION AND PARTNERSHIP

AMEE 2025

TMA representatives took part in the annual AMEE 2025 conference in Barcelona, one of the largest global forums in medical education. Educational program heads Tsisana Lomashvili and Kakha Bregvadze, along with Gela Beselia (Scientific Research Department), Maka Zarnadze (Faculty Development Department), and Ana Mamiseishvili (Rector's Office), presented on behalf of the academy.

Additionally, the Head of the Faculty Development Department, Maka Zarnadze, participated in the 8th International Conference on Faculty Development in the Health Professions (ICFDHP), where discussions centered on advancing teaching quality, innovative approaches to faculty development, and the vital role of research in addressing sectoral challenges.



WHITE LIGHT: AN EVENING FOR BONE CANCER AWARENESS

The Georgian Student Association of Orthopedics and Traumatology (GSAOT) hosted White Light: An Evening for Bone Cancer Awareness at the TMA Exhibition Hall in honor of World Bone Cancer Awareness Day. The event brought together students, storytellers, and changemakers to support those affected by bone cancer.

A highlight of the afternoon was the Open Mic Fundraiser, where participants shared stories and contributed to a collective effort. Funds raised were donated in full to the International Cancer Foundation, Switzerland, supporting cancer research, treatment, and patient care. The event also welcomed the solidarity of numerous organizations, including ASRU, Beyond Birth, ClinNova International, DTMU Library Friends Club, GAIMS Georgia, GIMSOC, GISMUN, IHI Student Club, IMG Unity, INCREDOC, Medical Innovations Community, MedVentures, and That Pediatric Place.



HORIZON EUROPE INFORMATION SESSION

TMA's Grant Office organized an information session on Horizon Europe to inform the academic community about funding opportunities under the 2025 WIDERA Work Programme (Widening Participation and Strengthening the European Research Area) and Marie Skłodowska-Curie Actions (MSCA).

Speakers included Nino Rodonaia, National Contact Point for WIDERA, and Teona Maisuradze, National Contact Point for MSCA.

INTERNATIONAL CONFERENCE (UEMS-EACCME) - PATIENT SAFETY

Achieving and Maintaining High Standards of Patient Safety through a Continuous Quality Improvement Approach.

An international conference organized by Petre Shotadze, Tbilisi Medical Academy, was dedicated to this important topic: "Achieving and Maintaining High Standards of Patient Safety through a Continuous Quality Improvement Approach."

The conference aimed to provide healthcare professionals—including doctors, nurses, quality management specialists, administrators, management teams, students, and residents—with insights into modern approaches to patient safety management. Participants discussed current challenges in patient safety, solutions based on continuous improvement principles, cost-effectiveness, and best practices in safety management.

The event, which included both theoretical sessions and the discussion of practical case studies, was opened by Dr. Mariam Jashi, Head of the TMA Advisory Board and Executive Director of the Global Sepsis Alliance. Additionally, Dr. Mamuka Chkhaidze, Vice-Rector for Education at the Tbilisi Medical Academy, also addressed the audience.

The list of speakers included experts from the United States: Associate Professor Peter Martell (Healthcare Administration and Quality, Sawyer School of Business, Suffolk University, Boston, USA) delivered a presentation on "High-Reliability Organizations.". Professor Tyler Towers (Healthcare Policy and Administration, University of Utah, USA) discussed the international accreditation of medical providers, including an analysis of related challenges and outcomes.

Lela Sturua, Master of Medicine and a certified specialist of the International Society for Quality in Healthcare, made a presentation on international accreditation, healthcare quality, and patient safety.

PULSI TV - II RADIO FORTUNA



EDUCATION AND PARTNERSHIP

TMA EXPANDS FIRST AID WORKSHOP SERIES ACROSS SCHOOLS

Knowledge of first aid is a crucial life skill, and Tbilisi Medical Academy (TMA) continues its mission to ensure students are equipped with essential life-saving abilities. Over the past weeks, the Academy's team of staff and students has visited multiple schools, including IB Mthiebi School, Tbilisi Free Waldorf School, the primary school "Mzeka" in Akhaltsikhe, and Cervantes Gymnasium AIA-GESS. These workshops are designed to provide students not only with theoretical knowledge but also practical experience in responding to emergency situations.

During the sessions, participants practiced critical first aid procedures on manikins under the guidance of TMA students, who shared insights from their own training and practical experience. In addition to learning how to act effectively in pre-hospital situations, students gained a deeper understanding of basic principles such as assessing emergencies, performing CPR, and responding to injuries safely.

The workshops also serve as an opportunity for students to learn more about TMA itself. At Cervantes Gymnasium AIA-GESS, participants were introduced to TMA's educational programs, exchange opportunities, funding options, and a range of extracurricular activities, showcasing the Academy's broader commitment to fostering both knowledge and community engagement.



INTEGRATION OF MOLECULAR PATHOLOGY INTO EDUCATION AND MODERN HEALTHCARE

TMA and Ivane Javakhishvili Tbilisi State University (TSU) jointly hosted an international workshop titled "Integration of Molecular Pathology into Education and Modern Healthcare: Shaping the Future." The event brought together research teams from both universities and invited experts from Georgia and Europe, including Professors Maria Pia Foschini, Luca Morandi, and Christian Mawrin. The workshop focused on cutting-edge approaches in molecular diagnostics, with particular emphasis on the practical implementation of personalized treatment strategies based on genomic markers.

ARTIFICIAL INTELLIGENCE IN HIGHER EDUCATION

The European University Association (EUA) held a conference titled "How Universities Are Shaping the Era of Artificial Intelligence," bringing together academics, researchers, higher education leaders, and policymakers to discuss the role of AI in education and governance. The event focused on current challenges while exploring opportunities for responsible, ethical, and inclusive integration of AI in universities.

Professor Ekaterina Kldiashvili of TMA chaired the panel "Artificial Intelligence in Higher Education: An Interuniversity Approach," which featured speakers from leading universities in Sweden, Ireland, Germany, and Belgium.

TMA HOSTS TRAINING WEEK ON SCIENTIFIC AND RESEARCH SKILLS

TMA organized a training week to strengthen the scientific and research skills of its academic and invited staff. The sessions included presentations on TMA's PhD programs in Medical Sciences and Public Health by Dr. Ekaterine Kldiashvili and Dr. Gia Kamkamidze, as well as an overview of the Academy's scientific potential by Dr. Gela Beselia, Head of the Scientific Research and PhD Department. Every year on April 25, the world celebrates International DNA Day, honoring the discovery of the molecule that holds the genetic code of all living beings.

At a recent public lecture, "DNA: Evidence and Specificities in Modern Medicine," participants explored key questions, including what insights DNA can reveal about who we are, whether a single gene can determine the most effective treatment, and how personalized medicine is reshaping the future of healthcare. The discussion highlighted how advances in genomics are transforming diagnostics, treatment decisions, and patient care, moving toward a future where medicine is tailored to each individual's unique genetic profile.

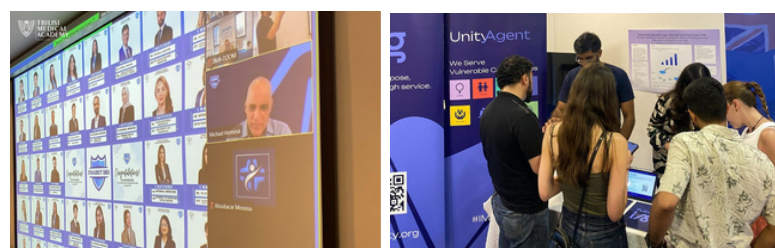
Participants also engaged in focused trainings on academic integrity, exploring key challenges in research and scientific careers, particularly in the era of artificial intelligence. Another session covered the basic principles of effective scientific communication, including strategies for selecting journals and preparing high-quality publications, illustrated with practical case examples.

A NEW GLOBAL OPPORTUNITY FOR TMA STUDENTS

TMA hosted the official launch of the Project IMG & IMG Unity Collective school chapter, giving students access to Project IMG's resources, including courses, webinars, and opportunities for community service and charity work.

Project IMG is a global physician collective supporting international medical graduates and students with USMLE preparation, clinical rotations, and research opportunities in the USA. IMG Unity Collective further promotes global health equity, ensuring vulnerable populations receive essential medical care.

This partnership highlights TMA's commitment to student development, connecting future physicians to a worldwide network of medical students across more than 90 countries.



EDUCATION AND PARTNERSHIP

ISCOMS 2025

ISCOMS 2025

Students from Petre Shotadze Tbilisi Medical Academy participated in the international scientific student conference — ISCOMS 2025, traditionally held at the University Medical Center Groningen, the Netherlands.

Presentations were done by:

Nino Gagua — Highlighting challenges and bringing change in rural healthcare through visual storytelling

Lizi Mokvanidze — Comparative validation of low-density lipoprotein cholesterol estimation formulas in a diverse population

Ana Shekiladze — Rapid detection of Staphylococcus aureus and Escherichia coli using golden nanoparticles.

ISCOMS is one of the largest and most prestigious student scientific congresses in (bio)medicine. It promotes the development of scientific communication skills and encourages the formation and advancement of innovative research ideas.



VOSCE TRAINING COURSE AT TMA

TMA hosted a four-day VOSCE (Virtual OSCE) training course on “Digitalized Tool for Objective Structured Examination of Clinical Reasoning Skills of Medical Students.” The course was open to anyone with a medical background and was particularly valuable for those involved in teaching and student assessment.

Twenty participants from Georgian universities—including TMA, Agricultural University of Georgia, Akaki Tsereteli State University, Georgian American University, and Georgian National University SEU—attended, alongside representatives from Yerevan State Medical University and Bukhara State Medical Institute. Participants engaged with theoretical materials, took part in a simulated digital exam at TMA’s Examination Center, and observed an Objective Structured Clinical Exam at the Academy’s Clinical Skills Center. They also collaborated in groups to design clinical cases assessing students’ clinical reasoning skills.



PUBLIC LECTURE BY DR. KIRAN PANDIT (USA)

TMA hosted an online public lecture by Dr. Kiran Pandit (MD, MPH), Vice Dean for Faculty Development at Albert Einstein College of Medicine, New York. The lecture focused on Beyond Student Evaluations of Teaching and Educator Portfolios: A Multisource, Longitudinal System for Evaluating Teaching, emphasizing a multisource, long-term approach to assessing academic staff. Dr. Pandit highlighted that student evaluations alone are insufficient for evaluating teaching and stressed the importance of fostering a teacher’s professional identity within the academic environment. With extensive experience in medical education, faculty development, and curriculum design, Dr. Pandit also leads initiatives in health professions education assessment and is a frequent speaker at international conferences.

INTERNATIONAL DNA DAY

Every year on April 25, the world celebrates International DNA Day, honoring the discovery of the molecule that holds the genetic code of all living beings. At a recent public lecture, “DNA: Evidence and Specificities in Modern Medicine,” participants explored key questions, including what insights DNA can reveal about who we are, whether a single gene can determine the most effective treatment, and how personalized medicine is reshaping the future of healthcare. The discussion highlighted how advances in genomics are transforming diagnostics, treatment decisions, and patient care, moving toward a future where medicine is tailored to each individual’s unique genetic profile.

ACCESSIBLE HEALTHCARE CONVERSATIONS: VISIBLE VOICE

TMA hosted Maia Metonidze, Vice President of the Georgian Union of the Deaf, for Visible Voice — When Gestures Speak Louder Than Words, highlighting the importance of sign language in healthcare. She shared her experiences and discussed the challenges deaf and hard-of-hearing individuals face, including barriers to healthcare access and communication difficulties.

The lecture emphasized the role of sign language as a tool for equitable communication and the importance of medical personnel being familiar with it or having access to interpreters. Organized by TMA’s Public Health Student Club and the Georgian Student Association of Public Health (GSAPH), the event was part of the Accessible Healthcare Conversations series.



TMA’S NEW PARTNERSHIP

In medicine, progress depends on collaboration. TMA has signed a new partnership with Université de Toulouse III Paul Sabatier, one of France’s leading institutions in science, research, and medical education. The collaboration opens new opportunities for students, academic staff, and researchers through joint training programs, research projects, and international student and staff mobility.

EDUCATION AND PARTNERSHIP

TWO-DAY VISIT OF PROFESSOR REBECCA SINGER

Professor Rebecca Singer from the University of Illinois Chicago (USA) visited TMA to conduct two workshops on effective scientific communication.

TMA faculty members participated in a dynamic discussion moderated by Professor Singer on translating research findings into real-world practice and communicating them to the public. The following day, she led an interactive student workshop titled "From Medical Jargon to Meaningful Communication: How to Bridge the Gap Between Medical Knowledge and Human Understanding." Students worked in small groups, explored strategies for communicating medical and scientific information to a broader audience, and completed hands-on exercises.

TRAINING OF TRAINERS

Prof. Maka Zarnadze, Associate Professor of Microbiology and Head of the Faculty Development Department at TMA, participated in the Tiny Earth Instructor Training - Trainers of Trainers Program in Madison, Wisconsin (USA). This advanced program focuses on developing pedagogical excellence, leadership skills, and the capacity to train future educators.



TMA REPRESENTATIVES AT THE EUA WORKING GROUP MEETING

TMA Representatives at the EUA Working Group Meeting
The first working group meeting of the European University Association (EUA) was hosted by the University of Côte d'Azur in Nice, France.

The aim of Learning & Teaching Thematic Peer Group on Staff Development and Transnational Collaboration is to address the challenges and share best practices in supporting staff development in teaching and learning at European universities. Additionally, the group seeks to develop a framework for transnational cooperation focused on staff development.

Tbilisi Medical Academy (TMA) is represented in the EUA thematic working group by the Head of the Faculty Development Department, Associate Professor Maka Zarnadze, and Specialist in Medical Education and Research, Dea Goderdzishvili.



X EURASIAN CONGRESS OF DERMATOLOGY AND COSMETOLOGY

The IX Eurasian Congress of Dermatology and Cosmetology took place at Nazarbayev University in Astana, Kazakhstan. At the invitation of the President of the Kazakhstan Dermatological Society, Professor Lali Mekokishvili, Dean of the School of Medicine at TMA, participated as a plenary speaker, presenting her modern vision and experience in diagnosing and treating skin hyperpigmentation. The forum brought together leading specialists from over 20 countries and included meetings with universities, resulting in plans for future partnership between TMA and Nazarbayev University.



XIV NATIONAL CONGRESS OF GAACI

TMA proudly supported the XIV National Congress of the Georgian Association of Allergy and Clinical Immunology. Professor Lali Mekokishvili, Dean of the School of Medicine and member of the GAACI Executive and Scientific Council, chaired two dermatology sessions. Important reports on dermatovenereology were presented by Associate Professor Irma Buchukuri and Kakha Bregvadze, Co-head of One-step Educational Programmes. The congress also featured a student session at Tbilisi State Medical University, where TMA students Nino Chkhutishvili, Lela Koriauli, Teona Shavadze, and Devika Das Thiruthara Haridas presented original research.



INTERNATIONAL SCHOOL OF DERMATO-ONCOLOGY AND DERMATOSCOPY

Tbilisi Medical Academy (TMA) and the Georgian Photodermatology and Skin Cancer Association jointly organized the International School of Dermato-Oncology and Dermatoscopy. The school-conference was led by guest lecturer from Ukraine and international expert in dermato-oncology, Dr. Bohdan Lytvynenko along with Dr. Lali Mekokishvili, Dean of the School of medicine - TMA.

The international school was held as part of the European Campaign for Skin Cancer Prevention and was attended by dermatologists from both Tbilisi and the regions, as well as representatives of various higher education institutions, including TMA resident doctors.

RESEARCH ACTIVITIES

BUILDING PROFESSIONAL CAPACITY FOR QUALITY IMPROVEMENT AND PATIENT SAFETY IN GEORGIA

A study titled “Building Professional Capacity for Quality Improvement and Patient Safety in Georgia” has been published on BMJ Global Health. TMA is among the first institutions in Georgia to dedicate conferences and programs to modern approaches in patient safety management, a topic explored in the study.

The co-author, Dr. Lela Sturua, TMA, invited Lecturer in Medical Quality and Patient Safety, Master of Medicine, and Certified Specialist of the International Society for Healthcare Quality, contributes expertise in patient-oriented clinical practice and external assessment of medical service quality. TMA has taught medical quality and patient safety since 2018, with the subject becoming mandatory in 2021. The full study is available.

[Read more:](#)

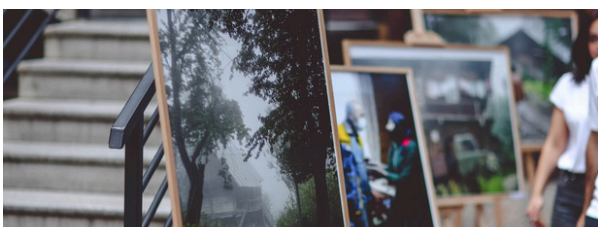
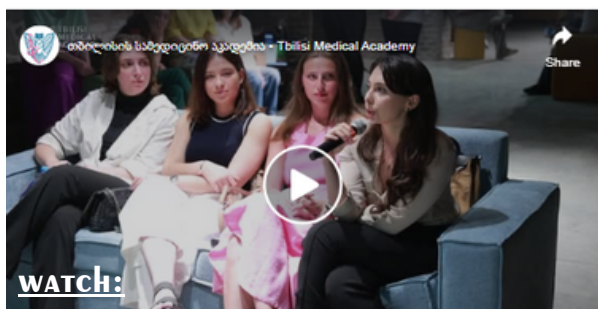
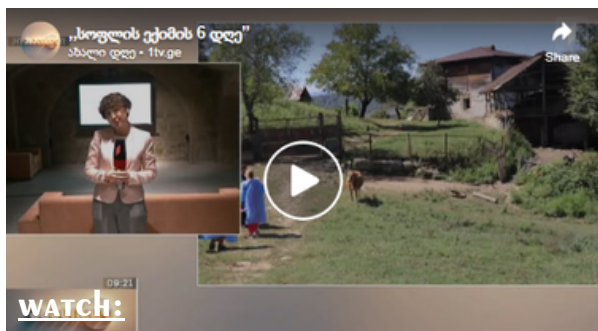
TMA'S SOCIAL RESPONSIBILITY

6 DAYS OF A COUNTRY DOCTOR – LECHKHUMI, SVANETI

This year, TMA's transdisciplinary photo project expanded to Northern Georgia, covering Lechkhumi and Svaneti. Five TMA students traveled to Mestia, Chuberi, Becho, Usakhelo, Tskhumari, and Gvirishi, documenting the lives of country doctors through photography, as well as written and audio recordings capturing stories beyond the lens.

The multimedia exhibition was hosted at TMA's exhibition space and featured the launch of the journal “Country Doctor,” where students share the experiences of physicians in these regions. The project aims to raise awareness of doctors serving in highland areas, foster medical professionalism, and inspire young physicians to work in remote mountainous villages.

Now spanning three seasons and four regions, the project has involved 17 students. Previous seasons focused on Adjara and Guria, while the current stage highlighted Lechkhumi and Svaneti. With its transdisciplinary approach and emphasis on societal well-being, “Six Days of a Country Doctor” exemplifies TMA's commitment to social responsibility.



TMA'S SOCIAL RESPONSIBILITY

TMA'S INDIVIDUAL AND CORPORATE SOCIAL RESPONSIBILITY (ISR/CSR) ACTIVITIES

TMA's Institutional Culture Development Department, together with the Faculty Development Department, organized a workshop on Individual and Corporate Social Responsibility (ISR/CSR). The event introduced participants to the Academy's ongoing ISR/CSR initiatives.

Attended by academic and invited lecturers, students, graduates, and administration representatives, the workshop featured Dr. Maka Maglakelidze, Head of the Institutional Culture Development Department. She highlighted TMA's role in society beyond education and research and shared past and ongoing social projects, inspiring participants to develop ideas for future initiatives.

WORKSHOP FEST 2025

TMA participated in Workshop Fest 2025, a large-scale festival celebrating learning and creativity. TMA students taught festival guests essential first aid skills, including cardiopulmonary resuscitation, pre-hospital trauma management, limb immobilization, and techniques for handling foreign objects in the airway. Over the two-day festival, 15 TMA students trained more than 80 participants, sharing practical knowledge and hands-on experience.



PROJECT — "WM3R: WASTE MANAGEMENT"

WM3R — Waste Management is a student initiative that won a competition for social and cultural projects. Led by Avtandil Samadalashvili and Medea Kusiani, the project engages young people in environmental and sustainable development issues through workshops, meetings, and awareness campaigns.

Students met with representatives of Georgian environmental organizations, including CENN, Sadagi, My City Kills, and social enterprises Tene and Plastic Watcher, discussing topics from waste management and recycling to air pollution.

The three-month project concluded with a final conference, featuring seven educational sessions and a cleaning campaign. Participants, including TMA students and students from other schools, presented their projects, shared knowledge and experiences, and promoted environmental awareness. Partner organizations My City Kills, Tene, and CENN also attended the event.



THEATRICAL PLAY "GRIGOL PERADZE"

TMA's event hall hosted a theatrical play about Saint Grigol Peradze. The performance, presented by the educational studio Itsani, depicted his heroic life story in a creative, modern, and engaging format for the audience.



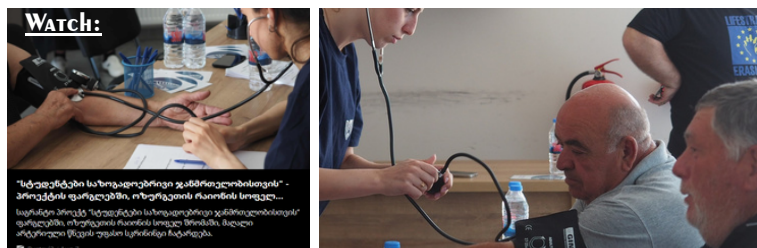
TMA "STUDENTS FOR PUBLIC HEALTH"

As part of the Students for Public Health initiative, TMA students organized a hypertension screening campaign in Shroma, Ozurgeti district. Over two days, approximately 60 residents received free cardiological consultations and electrocardiograms.

The screening was conducted by TMA students alongside Associate Professor Dr. Shorena Chumburidze and invited lecturer Dr. Nino Chaghiashvili. During the campaign, one patient's electrocardiogram indicated acute myocardial infarction. Prompt intervention led to further testing and coronary angiography in Tbilisi, confirming three-vessel stenosis requiring bypass surgery.

Six TMA students participated: Elene Gubeladze, Nana Katchiuri, Elene Liluashvili, Saba Zakradze, Elene Sioridze, and Mariam Jorbenadze. The campaign also extended to Gurjaani Municipality (Kakheti Region). The project raises community awareness of arterial hypertension, provides access to medical education, and helps reduce the risk of cardiovascular disease and life-threatening complications.

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STUDENT LIFE

“MEMORY CAFE” VISITS TMA



TMA hosted representatives of Memory Cafe, a youth-led project aimed at raising awareness about Alzheimer's disease. The event, organized by TMA's Alzheimer's Club, discussed the project's concept and its role in improving approaches to Alzheimer's care and awareness within society.

NEUROGUARD: IMMUNE INSIGHTS



TMA hosted NeuroGuard: Immune Insights, organized by Dandy TMA. The conference focused on neuroimmunology, exploring the interactions between the nervous and immune systems. The full-day event featured expert presentations, engaging discussions, and hands-on workshops, providing valuable insights into this emerging field.

BRAIN AWARENESS WEEK

TMA partnered with Eastern Virginia Medical School (EVMS, USA) for an inspiring Brain Awareness Campaign. First-year TMA students and EVMS medical students collaborated to create impactful awareness posters on key topics in neuromedicine and mental health. The campaign aimed to raise public awareness about these crucial issues.

(Posters created during the campaign will be featured here.)

Insomnia
Thinking thoughts often keep someone with ADHD wide awake well past bedtime. Even when the world is quiet, their mind stays active. This restless mental energy makes it hard to relax and drift off into a peaceful sleep.

Social Exhaustion
Social interactions can be especially draining for someone with ADHD. They work hard to listen, not interrupt, and tune out distractions—an effort that can feel like a mental marathon. After a gathering, it often takes them considerably more time and in need of quiet time to recharge.

Daydreaming
Someone with ADHD might drift off into vivid daydreams. One moment they're physically present, the next their mind is somewhere else entirely. They can briefly lose track of time or their surroundings as their imagination takes the wheel.

Overtasking & Hyperactivity
ADHD often comes with endless energy. A person might juggle multiple tasks at once and constantly fidget or bounce (sometimes almost covering with restless energy). Sitting still feels nearly impossible when their mind and body are always on the go.

ADHD
More than a distraction
It's a daily reality

MOLECULAR BASIS OF RARE DISEASES

TMA's Science Club organized “Molecular Basis of Rare Diseases” to raise awareness of rare genetic and metabolic disorders and explore current research. Students presented on conditions including phenylketonuria, fibrous dysplasia, porphyria, congenital insensitivity to pain, inherited retinal dystrophy, stiff-person syndrome, Phillips syndrome, and fatal familial insomnia, discussing molecular mechanisms, diagnostics, and clinical management challenges.

THE USE OF PSYCHEDELICS AND PSYCHEDELIC DERIVATIVES IN PSYCHIATRY

TMA's Psychiatry Club hosted a debate on the use of psychedelics in psychiatry, examining recent research and its limitations. Students reviewed studies on MDMA for PTSD, LSD derivatives for major depression, and the role of psychedelics in neuroplasticity before engaging in a critical discussion with presenters. Presentations were delivered by TMA students Davit Mshvildadze, Aleksandre Kanchaveli, Mohammad Hasan Khan, and Katerina Arteaga. Club head Katerina Arteaga emphasized the need for cautious advancement in psychopharmacological therapy, noting that “excitement from a handful of scientific papers can be a dangerous path” without long-term studies.

BRAIN AWARENESS WEEK

As part of Brain Awareness Week, TMA's Science Club organized interactive activities, discussions, and presentations on the brain and emotions, highlighting the roles of the amygdala, prefrontal cortex, and neurotransmitters in shaping feelings. Students who excelled in the quiz received symbolic gifts. Presentations were delivered by Ana Koshadze, Ketevan Vepkhvadze, Mariam Tsiklauri, Ani Kajrishvili, Lika Titvinidze, Ana Kopaladze, Bela Amariani, Mariam Tsamalashvili, Natalie Paghava, Lizi Mokvanidze, Tako Dandurishvili, Gvantsa Gochitashvili, and Teona Datunashvili.



IMMUNOHEP SYMPOSIUM 2025

TMA students organized the ImmunoHep Symposium 2025 to address the importance of immunization for young people and newborns and the challenges facing the modern world. The symposium opened with a presentation by Professor Amiran Gamkrelidze, who highlighted the significance of immunization and shared national and global statistics. Associate Professor Konstantine Chakhunashvili discussed immunization in newborns and young children. TMA students involved in the grant project “Special Needs Support” presented their work promoting the integration of people with disabilities and creating environments where their talents can flourish. Members of TMA's Public Health Club and Science Club shared insights on hepatitis treatment, from traditional methods to modern innovations. Ana Kopaladze, from the Public Health Club, presented statistics on vaccine availability.



STUDENT LIFE

FOOD FEST

TMA celebrated the diverse cultures of its students from over 37 countries during FoodFest and Carnival on 20 May 2025. Students showcased their traditions through food and distinctive national clothing. The event, organized by TMA students, highlighted their talents and promoted cultural exchange.



“VITALCARE” – KNOWLEDGE THAT SAVES LIVES

TMA students launched “VitalCare” to equip adolescents with essential medical knowledge, raise public health awareness, and promote proper emergency response.

The project, led by Levan Bakhtadze, Mariam Berdzenishvili, Lia Tevdoradze, Tamar Kobulashvili, and Nino Chkhutishvili, was selected as a winning initiative in the TMA Social and Cultural Student Grant Competition.

VitalCare visits reached schools across Georgia, including Tbilisi (Green School), Rustavi (Sports Museum), Gori (AC School), Akhaltsikhe (Mzeka), Bakuriani, and Samtredia (St. Nazari Lezhava School), offering practical activities and inspiring students interested in emergency care and basic medical skills.



IMMUNIZE TO PROTECT

TMA’s student club Community Helpers, led by Anano Akhobadze, in collaboration with a TSU student, organized the workshop “Immunize to Protect” to raise awareness about vaccination and provide accurate information on the topic.

Students from multiple universities, including TSU and TSMU, attended the event. Lecturer Mariam Kvezereli (TSU) explained the immunological mechanisms of vaccines, while participants discussed the fundamentals of immunization, common myths, and how the immune system provides protection.

PLAB/UKMLE WORKSHOP

TMA’s Career Development Service hosted a PLAB/UKMLE workshop led by alumnus Dr. Ajinkya Kulkarni, currently practicing internal medicine in Belfast, UK.

Dr. Kulkarni guided students through the exam process, including steps, preparation resources, stages, and timelines. He also shared his personal experience and insights into career opportunities in the UK.

ACHIEVEMENTS AND CHALLENGES IN ALZHEIMER’S DISEASE

TMA’s Science Club organized “Achievements and Challenges in Alzheimer’s Disease” to familiarize students with the nature and pathophysiology of Alzheimer’s, modern diagnostic and therapeutic approaches, ongoing research, and ethical issues in clinical management.



THE HEALTHCARE SYSTEM IN GEORGIA

TMA students Nanuka Katchiuri and Mariam Kevkhashvili presented “The Healthcare System in Georgia” at the invitation of TMA’s partner university, the Faculty of Global Health at Akkon University of Human Sciences, Berlin. The presentation highlighted the achievements and challenges of public healthcare in Georgia.

STUDENT LIFE

VOLUNTEER PROJECT – "TOMORROW BEGINS TODAY"

TMA students implemented "Tomorrow Begins Today" during StudFest 2025 to provide pregnant women and new mothers with practical information on prenatal screenings, safe pregnancy, lactation, and newborn care. The project aligns with the WHO 2025 theme, "Healthy Beginnings, Hopeful Futures," promoting maternal and newborn health.

Students Saba Zakradze, Ana Gabrichidze, Elene Sajaia, Sopho Shamugia, and Tata Tatalashvili conducted activities at the Volunteer Parents' School, including informative sessions and workshops. Participants learned newborn first aid, emergency recognition, and when to seek medical attention. Dr. Larisa Melia, obstetrician-gynecologist and guest lecturer, presented on pregnancy development week by week, maternal changes, and essential medical tests.

The final session focused on newborn care starting from birth, and the event was evaluated by a special jury. The results of the StudFest 2025 volunteer competition will be announced in the fall.



SUMMER INTERNSHIPS

Our 45 students were in Turkey for the 2025 Summer Internship Program!

- Atatürk University
- Karadeniz Technical University
- Recep Tayyip Erdoğan University

They attended clinical rotations in the following specialties: General Surgery, Medicine, Internal Medicine, Pediatrics, Dermatology, Gynecology & Obstetrics, Cardiothoracic Diseases.



STUDFEST 2025

TMA students actively participated in StudFest 2025, engaging in sports, intellectual games, and a social volunteering competition. Nutsa Gabitashvili secured second place in tennis, while the TMA debate team—Mariam Turashvili, Giorgi Barakadze, and Aleko Chkhetia—also placed second. The results of the volunteer project "Tomorrow Begins Today", focused on providing pregnant women and new mothers with reliable information on prenatal screenings and safe pregnancy, will be announced by a special jury at the end of September.



BLOGS



სპეციალური საჭიროებების მქონე პირთა მხარდაჭერა / Special Needs Support

სპეციალური საჭიროებების მქონე პირთა მხარდაჭერა მოხდის უნიკალური მხარდაჭერის მექანიზმების...

blogspot.com



ლიტუველი თვეგადასავალი / Lithuanian Adventure

Sesili Lazaria - TMA Student ლიტუველი თვეგადასავალი მე ვარ სული...

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ჩემი მომავლის შექმნა / Shaping My Future

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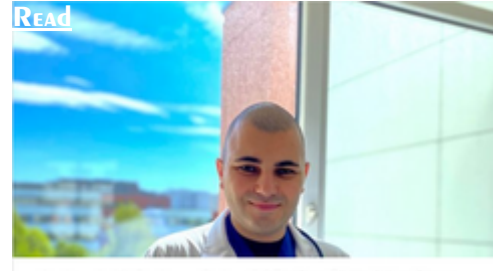
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